



Sarah was recently reappointed as chair of the Athlete Leaders Network (ALN). She represents the New Zealand Olympic Committee (NZOC) Athletes' Commission on the ALN Board, where she has served since 2016. In 2019, she was elected chair of the NZOC Athletes' Commission, which provides her with a seat on the NZOC Board.

As a former heptathlete, Sarah competed in the 2012 Olympic Games and two Commonwealth Games in 2006 and 2014. Sport has profoundly enriched her life, which led her to give back through governance roles and active involvement. Sarah has a professional background in communications, with a particular focus on sports, and holds several sport governance positions. She contributes to Locker Room, a platform dedicated to covering women and girls in sport, where she advocates for increasing the visibility of New Zealand's exceptional female athletes.

Sarah emphasizes the importance of a clear strategic direction for the ALN, ensuring that it effectively contributes to New Zealand's high-performance sporting community. As an advocate for athletes' voices, she believes that active listening during the strategy formulation process is vital for the network's success.