



As a former Gymnast (Rhythmic), Angela represented NZ at the 1988 Seoul Olympics and again at the 1990 Commonwealth Games where she won multiple medals.

Her career has seen her in diverse roles – Olympian, marketing account director, lecturer, writer, published author, coach, board member, athlete mentor and leading projects and teams in many areas. The majority of her career has been in the sport and health sector, and she spent 7 years in athlete and communication advisor positions at High Performance Sport NZ and brings commercial experience as well.

Having completed the 'Women in Sport Leadership Academy,' designed to help Olympians develop leadership competencies, she is well prepared in governance and is a firm believer in the six signature traits of inclusive leadership: commitment, courage, cognisance, curiosity, cultural intelligence, and collaboration. Currently a writer and communications professional, having published her first book in 2017 and has appeared recently in Newsroom's LockerRoom, Stuff and The Spinoff.